



BHARATI भारती

A Publication of the India Association of Indianapolis, Inc.

Vol. 34 No. 2

A Magazine with a Mission - to Inform, Communicate and Enlighten

April-June 2010



Holi Festival of Colors

By India Association of Indianapolis

Date: April 17th, Saturday

Venue: India Community Center

Cost: FREE for IAI Members (\$5 for Non Members)

Food and Snacks Sold throughout the program

11:00 am Meet and Greet

12:00 pm Entertainment

1:30 pm Play HOLI!

Colors will be provided

Dress Appropriately!

For Info Contact: Amita Ahuja

317-345-3037 - amitaahuja11@aol.com

www.myiai.org

North South Foundation Indianapolis, IN Chapter

along with

India Association of Indianapolis

announces

2010 Area Regional Contests

For Indian-American Children

in Math Bee, Vocabulary Bee, Spelling Bee,

Geo Bee and Science Bee

Eligibility: Children in Grades 1st – 12th

For Information & Registration,

Please visit www.northsouth.org

Regional winners will be given trophies and invited to
the National Championship Finals

North South Foundation (NSF) was established in 1989 as
a non-profit and tax-exempt entity to award scholarships to
exceptionally qualified and needy students in India entering
colleges regardless of religion, gender, or geographic origin.

Contests Date 5/1/2010

Registration closes on 4/17/2010

Location: Orchard Park Church

1605 East 106th Street, Indianapolis, IN 46280-1505

(317) 844-1107

For further information please contact:

NSF Indy organizing committee

nsfindiana@yahoo.com 317-569-0748

one day...
all babies will be born healthy



march of dimes
march for babies

Dear IAI Members,

Like millions of others IAI has been a huge supporter of the March For Babies walk. As we continue to demonstrate our support to March for Babies this year, I hope you will be able to join India Association of Indianapolis (IAI) team and we all will walk as one united team representing India.

Our goal is to raise \$3000 and form a team of at least 75 walkers which can be only achieved with your support. You wonder why IAI supports March For Dimes? Because every day, thousands of babies are born too soon, too small and often very sick. We're walking because we want to do something about this.

The mission of March of Dimes is to improve the health of babies by preventing birth defects, premature birth, and infant mortality.

Please join the IAI team. You can do so on the IAI team Web page. If you can't walk with us, please help the team reach our goal by making a donation. You can register as a walker and give your donation online as well. You need not make any donations to sign up as walker and we highly encourage families with kids to participate in the walk. We will gather at the Mission Tent at 9:00 AM and start the IAI team walk at 10:00 AM.
<http://www.marchforbabies.org/team/t1373528> or
www.marchforbabies.com/IAI

April 25, 2010

White River State Park

801 W. Washington St., Indianapolis, IN 46204

Walk Distance: 5 miles

Registration Time: 9:00 AM Start Time: 10:00 AM

Thank you for helping us give all babies a healthy start!
Sincerely, Rupal Thanawala
On Behalf of India Association of Indianapolis

Visit Our Website: www.myiai.org

Asian American High School Scholarship program

Dear IAI Members,

It is my pleasure to extend this outstanding opportunity to IAI youth to apply for Asian-American High School Scholarship program offered by Asian-American Alliances of Indiana. AAAI will be awarding multiple scholarships up to \$750 to qualified students on June 5th, 2010 at Garfield Park.

This program is designed to recognize the best Asian-American high school students who have demonstrated extraordinary leadership abilities serving our community in Central Indiana. The deadline is May 8th, 2010 and the application needs to be emailed to Glen Kwok at kwok@violin.org.

Feel free to contact Rupal Thanawala for more questions. rthanawala@yahoo.com or 317-457-0200 (6 PM to 10 PM).

Jefferson Award winners from the Indian community

Winners: Vasu Vasudevan and Vijaypal Reddy

Congratulations on winning the Jefferson Award at Lilly during the last twelve months. Vasu for being selected as the 2009 top annual winner who will represent Lilly at the national event. The Jefferson Awards recognizes people who do extraordinary things and individuals whose public service has had a broad national impact. IAI salutes both Vasu and Vijaypal.

In 1972, Jacqueline Kennedy Onassis and U.S. Senator Robert Taft, Jr., and Sam Beard co-founded the Jefferson Awards for Public Service to create a Nobel Prize for public service.

IAI 2010 – Events

Holi - April 17, 2010
 March of Dimes - April 25, 2010
 Hindustani Vocal Recital - April 30, 2010
 North South Foundation BEE - May 1, 2010
 Independence Day - August 14, 2010
 Diwali - November 13, 2010
 Youth Dance - September 24, 2010
 New Year Party - December 31, 2010

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Bharati is a quarterly newsletter of the India Association of Indianapolis, Inc., dedicated to communicate, inform and enlighten the Community and be a forum for fostering Indian arts and culture. It reaches approx. 1200 families of Indian American Community of

DJ Center for Youth, Inc ACCEPTING SCHOLARSHIP APPLICATIONS

(Indianapolis, Indiana) March 5, 2010 – The DJ Center for Youth, Inc. in collaboration with the independent owner of Subway Restaurants located at 10th and Country Club and 160 E. Market Street will be awarding five scholarships of \$200 each. Applications have been sent out to school corporations across the state and are available by sending an email to djcenter4youth@yahoo.com. The application deadline must be received by Monday, May 3, 2010.

To date, the scholarship has benefited 17 students. The criterion for applicants is as follows: maintain a 3.0 G.P.A, participate in at least one academic and/or extra curricular activity, possess a part-time job, and take care of a family member(s) and/or extended family member(s).

DJ Center for Youth, Inc. Evolved out of a scholarship awarded to Devina Jani when she graduated from Ben Davis High School in 2000. Devina was nominated for this scholarship by Angela J. Nealy, Educator for her commitment to her family and friends and for her unwavering dedication to serve her community.

Save the date as the Annual Benefit Program awarding scholarship recipients will be **SATURDAY, JUNE 19, 2010** at the Municipal Gardens featuring keynote speakers, Corey Cobbs and James Sims, known as Indiana's own G-Fresh of Munki Boi Entertainment. You don't want to miss it!

Sponsored in Part By: Subway Restaurants
 10th and Country Club and 160 E. Market Street
 Contact: Devina J. Jani, MSW
 Phone: 317-658-6701 Email: djcenter4youth@yahoo.com

Bharati will be happy to announce the graduation Parents, if you wish to announce the graduation of your children in the July1, 2010 issue of print Bharati, please visit MYIAI.ORG and fill out the announcement form. The deadline is June 15, 2010.

Central Indiana. Bharati invites advertisements, articles and letters to the editor. Articles should be of general interest and not be more than 600 words. Letters to the editor should not exceed 200 words. Letters should be mail or email and must include your name. The editor reserves the right to edit any material selected for publication.

The deadline for receiving articles and advertising for the July issue is June 10, 2010.

The advertisement rates are as follows. Please make checks payable to India Association of Indianapolis.

	One Issue	Four Issues	Print + E Top	Print + E Side
Full page	\$300	\$1200	\$1350	\$1325
Half page	\$150	\$ 600	\$ 750	\$ 725
Quarter page	\$ 80	\$ 320	\$ 470	\$ 445
Business Card	\$ 50	\$ 200	\$ 350	\$ 325

India Association of Indianapolis is not responsible for ad formatting and misprint. Please provide pre-formatted ad to our publisher and verify ads prior to print by request. Business Card size advertisements will be provided free to Non-Profit Sister Organizations.

The Youth Group Activity Night... Amazing!

By: Rushvi Desai

Have you ever had that nervous, yet exciting feeling when something is about to happen? That's exactly how the Youth Group Committee and I felt as we were watching the door like hawks. Each tick-tock of the clock became filled with more and more anxiety. Then finally a few minutes after six o'clock we saw some teenagers enter the room with smiles and great expectations on their countenances.



The Youth Group Activity Night on Friday, March 26th was a huge success as teens were constantly engaged in fun activities. The evening was split up equally with icebreaker games in the beginning, Mat Ball, and finally Broomball (new favorite). All the kids who attended had a great time and were reluctant to end the night. Although the Committee and I were on a short notice to pull the event together, it was a huge success. After the event, we had kids tell us how much fun it was. Parents even appreciated what we had done for their teenagers that night.

The evening could not have been successful without those who sponsored the Youth Group. Our benefactors include: the IAI Executive Committee, Pradhan family, Sanghani family, Shah family and friends, Rau family, Desai family, Patel family, Sudha Goradia, and others who contributed to our cause. We really appreciate your donations!

Overall, we had more kids come to the Activity Night than the Dance Party last year on November 21st, so the Youth Group of IAI is definitely growing! There are two more events of the year, the next closest one being a picnic. More updates will be coming soon on the IAI website, so definitely keep a close eye out for upcoming Youth Group events!

IAI - Fine Arts Committee

In collaboration with
India Studies Program, Indiana University
 Bloomington Presents



Ashwini Bhide Deshpande
 Hindustani Vocal Recital
 Accompanists
Seema Shirodkar
 (Harmonium) and
Vishwanath Shirodkar
 (Tabla)

Ashwini Bhide, trained in the Jaipur-Atrauli gharana, has created her own style to complement the different styles that have influenced her. She has a strong command over three octaves and has created many of her own compositions.

Check out: <http://www.youtube.com/watch?v=pzAN5zmwpZI>

Contacts

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Friday, April 30, 2010, 7 P.M.

Indiana History Center

450 West Ohio Street, Indianapolis, IN 46202

Contribution:

General - \$20, Students - \$15,

ICMCI Members - Free

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Changing America and the Importance of Maintaining Indian Core Values

Ram S. Ravindran

America like other countries in the world (India, China) is changing rapidly. Most of us came to this country and continue to come to this country to earn a better living and accomplish more than we could have done in India. We also felt that our children growing up in this country will have greater opportunity to succeed in life.

The US was a different place in the 60s. At that time all you needed was a high school diploma. With that you could get a decent job that paid enough income and benefits that you could live comfortably. In the last 20 years, other countries in the world have caught up with their ability to manufacture products and provide services as well as Americans do, but at a lower price. American companies which look to only making profit have closed down their manufacturing facilities in the US. With the availability of cheap means of communication and worldwide expansion of the Internet many of the services now can be provided by people living in low cost countries. More American companies are discovering how much of their operations they could close down in the US and export them to other countries. This has resulted in increased unemployment in the US. Everyone borrowed more money to spend on things manufactured by other countries and buy inflated assets. Government leaders at all levels are now at a loss as to how to cut government services and subsidies and not raise taxes. They are predicting that this is the first American generation that is going to see their children less well off than they are.

In this climate, what can we suggest to our children who are becoming adults? Maintain Indian core values plus adopt American values as well. What are the core Indian values? Study hard while you are a student. Education is still the passport to success. Avoid single parenthood. Be thrifty. Save for the future. Respect and take care of your parents. Have faith in God. Believe in Karma principle. Along with those Indian values they need to adopt American values too... What are they? Learn self-reliance. Be more involved in the work organization and in the larger community. Be passionate about the work you do. Be a bit risk taking. Take challenges and prove yourself. Don't simply trumpet your degrees but show off your accomplishments. Don't expect things will be given to you because of your education. Everyone has to sell themselves. Look for and take advantage of opportunities. Learn to monetize your knowledge, skills and experience.

An Attitude of Gratitude

There is an attitude of gratitude, in everything I do
For all that God has given me and the dreams have come true
I'm thankful for the gifts he gives each blessing I have known
For friends I have met along the way and strength to carry on
There is an attitude of gratitude with every "Prayer" I say
For something good has come my way each and every day
Through trials and tribulations I've felt "His" presence there
And I have often found relief beneath the wings of "Prayer"
However bad my circumstances I know things could be worse
But the "God" has been my anchor
When the things have been adverse
I know how truly blessed I am and "God" will bless you, too!
There is an attitude of gratitude IN EVERYTHING I DO!!!

Submitted by Dr. Mohini Ahuja



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SEVA HEALTH & SERVICES, INC. -- FREE COMMUNITY CLINIC

Tremendous behind the scenes work continues in bringing this project to a reality. The mission of Seva Health & Services is to set up a free clinic that will offer comprehensive health services to the medically under served, focusing on the South Asian community within Central Indiana. Seva has secured an alliance with the Community Hospital Network as a fiscal sponsor for early grants and other donations. Community has assured Seva that it is willing to provide assistance for various aspects of the project. Seva remains under the guidance of Volunteers in Medicine, a non-profit organization that has helped to establish over 90 free clinics across the country.

In the near future Seva is planning to have two events; the first is a launch event to introduce this project to the medical community followed by a separate launch event to introduce this project to the entire community. For more details on the first event please contact Dr. Vipin Kalia at 317-414-4439 and for more details on the second event, please contact Jon Findley at 317-502-5299. More details will be forthcoming

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The road ahead is challenging and this project cannot be successful without the involvement of physicians, other medical professionals, lay volunteers and hospitals within the community. To make a financial contribution or to volunteer your time, please contact Dr. Vipin Kalia or Kanchana Ishwar at 317-679-5508.

Religious Vs. Spiritual?

By Niranjana Ramnath

Wikipedia defines "Religion" as a set of beliefs concerning the cause, nature and purpose of the Universe". One of the definitions of 'SPIRITUALITY' is "concerning with or affecting the soul". When we think of being religious we immediately think of the rites, rituals, practices, our parents believe in and have taught us to believe in, places of worship that we go to and want our children to go to, the festivals that we celebrate and the Universal HIM whom we all turn to. There are 3 instances when I usually think of the Lord.... 1) to answer my prayers, 2) thank HIM when he has answered my prayers or 3) to ask HIS forgiveness. I seem to doing a lot of the third one these days especially when I go on a guilt trip for not following or completing a Vrat/ fast/ Lent!

When we start thinking of the HIM every day and not for the reasons quoted above, when we start seeing HIM in everybody we interact with, when we start feeling HIS presence in our day to day activities, then I think we have begun our spiritual journey. And once you start going on this path, don't expect to immediately have a halo around your head. What starts to happen is that there is a shift in your priorities, in your values. Things that used to stress you, now appear frivolous. You might feel a little more emotionally equipped to handle life's everyday challenges.... I am told! Believe me I am not there yet. As a chronic worrier and a self stress inducer, I have begun my baby steps in this path, and I am happy to say that I am already seeing positive results. I believe you are born into a religion, but spirituality is your choice. Of course, how far I progress depends on HIMokay, I think it is time to go back to point No.1!!!

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